

An experimental study of dual-energy CT imaging using synchrotron radiation (Postprint)

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Full Text

Preamble

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An Experimental Study of Dual-Energy CT Imaging Using Synchrotron Radiation

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Abstract

The measurement of electron density is important for medical diagnosis and charged particle radiotherapy treatment planning. Traditionally, electron density is obtained by CT imaging using the relationship between CT-number and electron densities established beforehand. However, the measurement is not accurate due to the beam hardening effect. In this paper, we propose a simple and practical electron density acquisition method based on dual-energy CT technique. For each sample, CT imaging is conducted using two selected X-ray energies from synchrotron radiation. A post-processing dual-energy reconstruction method is used. Linear attenuation coefficients of the scanned samples are obtained by FBP reconstruction. The effective atomic number and electron density are derived by solving the dual-energy simultaneous equations. Different phantoms and breast tissues were scanned in this experimental study under 10 keV and 30 keV monochromatic X-rays. The distribution of effective atomic numbers and electron densities of the scanned phantoms were obtained by dual-energy CT image reconstruction, which agrees well with the theoretical values. Compared with conventional methods, the measurement accuracy is greatly improved, and the measurement error is reduced to about 1%. This experimental study demonstrates that DECT imaging based on synchrotron radiation source is applicable to medical diagnosis for quantitative measurement with high accuracy.

Key words: Dual-energy CT, Synchrotron radiation, Electron density, X-ray imaging

Introduction

Nowadays, computed tomography (CT) has become a mainstay for medical imaging and nondestructive testing in modern radiology. The internal structure of an object can be exactly reconstructed from CT scanning projections. The electron density is important in photon and charged particle radiotherapy [1]. Traditionally, this information is obtained by CT imaging using the relationship between CT-number (in Hounsfield units) and electron densities established beforehand [2]. However, a conventional CT system, which uses an X-ray tube, inherently has a broad energy spectrum. The resulting CT number has some uncertainties due to beam hardening effect, thus degrading the accuracy of electron density measurement.

The dual-energy CT (DECT) was proposed by Alvarez [3] in 1976. Using X-rays under two different tube energies, the information of electron density and effective atomic number of inspected objects can be derived. This technique has been widely used in medical and industrial applications, especially in safety check and

material discrimination. All proposed dual-energy reconstruction methods can be broadly classified into three groups: pre-processing, post-processing, and iterative reconstruction methods [4].

In polychromatic X-ray DECT systems, the pre-processing methods are widely used to avoid beam-hardening effects. The post-processing reconstruction methods have their advantages in computational simplicity. The iterative reconstruction methods based on statistical model and non-statistical model yield high signal-to-noise ratio [5]. However, the great computation cost decreases their practicability. In China, different groups focus on DECT techniques. Zhang et al. [6] proposed a practical DECT reconstruction method based on spectrum estimation, thus obtaining the distribution of effective atomic numbers and electron densities from polychromatic X-ray projections under two tube voltages. Most research groups focused on the clinical application and evaluation of DECT [7].

Because X-rays from synchrotron radiation source are highly monochromatized, the effects of beam-hardening in CT imaging can be ignored. Hence, synchrotron radiation CT (SRCT) can better detect low-contrast images. In 1997, Dilmannian et al. [8] conducted single and multi-energy CT at the National Synchrotron Light Source, Brookhaven, USA. They compared the image noise between SRCT and conventional CT. In 2010, Chen et al. [9] measured the linear attenuation coefficients of surgical breast tissues by SRCT in the energy range of 15.0 to 26.5 keV at the SYRMEP beamline of the ELETTRA SR facility in Trieste, Italy. Torikoshi et al. [10, 11, 12] and Tsunoo et al. [13] presented a method for DECT using monochromatic X-rays from Spring-8 in Japan, thus claiming to measure the electron density with accuracy of around 1% [14]. In China, the SSRF (Shanghai Synchrotron Radiation Facility) is a third-generation synchrotron radiation light source. With the electron beam energy of 3.5 GeV, it is the fourth highest energy in the world and offers X-rays with high intensity, high brilliance, high polarization, and high stability [15], serving as a scientific platform for science research and technology development [16, 17].

In this paper, a simple but practical measurement method is proposed. A DECT imaging experiment is designed using synchrotron radiation to explore its potential medical applications, and carried out at beamline BL13W1 of SSRF.

2 DECT Reconstruction Method

Synchrotron radiation source provides highly monochromatic X-rays with continuously adjustable energies. Thus, the pre- and post-processing dual-energy reconstruction methods give similar results. For the purpose of simplicity in implementation, a post-processing dual-energy reconstruction method was used in our experiment. First, linear attenuation coefficients of the scanned samples are obtained using CT reconstruction at two selected X-ray energies. Then the effective atomic number and electron density are derived from dual-energy simultaneous equations.

In the photon energy range normally used in medical imaging, the linear attenuation coefficient μ can be approximately expressed as a linear combination of photoelectric interaction term and Compton scattering term as follows [18]:

$$\mu \approx 0.5K_1N_A f_{ph}(E)Z^n \rho_e + 0.5K_2N_A f_{KN}(E)\rho_e \quad (1)$$

where $f_{ph}(E)$ and $f_{KN}(E)$ are functions of the X-ray energy for energy-dependent photoelectric interaction and Compton scattering, respectively. The exponent n (≈ 4) is a constant. The variable Z is the atomic number, and N_A is Avogadro's number. K_1 and K_2 are constants related to the photoelectric interaction and the Compton scattering. ρ_e is electron density (g/cm^3) and can be expressed as:

$$\rho_e = 2\rho Z/A \quad (2)$$

where ρ is the mass density (g/cm^3) and A is the atomic weight. For compounds, the effective atomic number (Z_{eff}) is used instead of Z , and defined as:

$$Z_{eff} = \left(\frac{\sum c_i Z_i^n}{\sum c_i} \right)^{1/n} \quad (3)$$

where c_i is the number of atoms for the i th element in the molecule of the compound and Z_i is the atomic number of the i th element.

Equation (1) can be simplified to:

$$\mu(E) = \alpha_1 f_{ph}(E)Z^n \rho_e + \alpha_2 f_{KN}(E)\rho_e \quad (4)$$

where α_1 and α_2 as constants are defined as follows:

$$\alpha_1 = 0.5K_1N_A, \quad \alpha_2 = 0.5K_2N_A \quad (5)$$

Scanning with dual X-ray energies E_L and E_H , the linear attenuation coefficients $\mu(E_L)$ and $\mu(E_H)$ can be obtained by the filtered back-projection (FBP) reconstruction method. We can derive dual-energy simultaneous equations from Eq. (4), as follows:

$$\begin{aligned} \mu(E_L) &= \alpha_1 f_{ph}(E_L)Z^n \rho_e + \alpha_2 f_{KN}(E_L)\rho_e \\ \mu(E_H) &= \alpha_1 f_{ph}(E_H)Z^n \rho_e + \alpha_2 f_{KN}(E_H)\rho_e \end{aligned} \quad (6)$$

Solving the simultaneous Eq. (6) gives:

$$Z^n = \frac{\alpha_2 f_{KN}(E_L) \mu(E_H) - \alpha_2 f_{KN}(E_H) \mu(E_L)}{\alpha_1 f_{ph}(E_H) \mu(E_L) - \alpha_1 f_{ph}(E_L) \mu(E_H)} \quad (7)$$

$$\rho_e = \frac{\mu(E_L) - \mu(E_H)}{\alpha_1 [f_{ph}(E_L) - f_{ph}(E_H)] Z_{eff}^n + \alpha_2 [f_{KN}(E_L) - f_{KN}(E_H)]} \quad (8)$$

This method is available for low Z elements, but not high Z elements because they have absorption edges in the used energy region. Simulation study has been conducted by a numerical phantom consisting of different materials, indicating that the electron density can be obtained with high accuracy using the proposed dual-energy reconstruction method [19].

3.1 Beamline and CT System

For X-ray imaging and biomedical application, the monochromatic X-ray CT imaging system in beamline BL13W1 of SSRF is shown in [Figure 1: see original paper]. The two-dimensional CCD detector used in the experiment has 4000×2500 pixels, and its spatial resolution reaches $13 \mu\text{m}$. Samples were placed on a rotation table approximately 30 m downstream from the source.

Synchrotron radiation with a continuous energy spectrum was monochromatized with a double-crystal monochromator. BL13W1 is equipped with monochromators Si(111) and Si(311). In this experiment, Si(111) was used. The maximal photon flux density appears at the X-ray energy of 20 keV. A collimator in the system is used to prevent scattering photons and improve the accuracy of reconstructed results.

In DECT, it is intuitive to choose low/high energies as far from each other as possible. Because too-low X-ray energy would increase image noise, 10 keV and 30 keV were chosen as the low/high energy. In order to ensure the same object position in scanning, each sample underwent DECT twice under 10 keV and 30 keV monochromatic X-rays alternately. The low-energy X-ray absorption images were taken first within the π angular range under 10 keV. Then the sample was rotated backward to the beginning along the vertical axis. The X-ray energy was changed to 30 keV for the next scanning. For each CT scan, the total number of views was 540 covering the π angle range. The data acquisition time and exposure, which depend on the photon flux density, takes about 2–4 min per CT scan. It is necessary to slowly rotate the scanned object to prevent motion artifacts. The refraction effect can enhance material boundaries and image contrast, but could also cause inaccuracy in the electron density images. We shortened the object-to-detector distance to less than 10 cm to eliminate the boundary enhancement in the reconstruction images.

Parameters of Beamline BL13W1 at SSRF

3.2 Samples

To evaluate the reconstructions and provide necessary correction, water, alcohol, and polyethylene cylinder phantoms were used to quantitatively evaluate the discrepancies between measured and theoretical values. All samples were scanned in plastic tubes of 18-mm diameter.

Water phantoms are used for calibration of electron density and correcting systematic error. By water calibration, the reconstructed electron density value is multiplied by 1.03, which is the ratio of the measured to theoretical attenuation coefficients. The deviation mainly comes from the influence of noise and the nonlinearity in the detector response function. Also, the theoretical process to derive electron density from linear attenuation coefficients may introduce error in the electron density measurement. In addition, breast tissues in plastic tubes were used to investigate the feasibility of synchrotron radiation DECT in clinical application.

3.3 Data Processing

Images without a sample are taken before and after each CT scanning to be I_0 in reconstruction. X-ray energies of 10 keV and 30 keV are used in the DECT experiments. For each sample, two linear attenuation coefficient images with dual-energy X-ray are reconstructed by parallel-beam FBP method using the Shepp-Logan filter function after dark-field and flat-field corrections. Electron density and effective atomic number of each pixel are calculated by the proposed reconstruction method. Solving Eq. (8), the coherent scattering term is calculated from standard element oxygen. The oxygen cross-sections were quoted from database [20].

In practical scanning, data acquisition always suffers from noise and detector nonlinearity. Therefore, after retrieval of the attenuation coefficient maps from the raw projection data, total variation minimization method is used for noise reduction [21]. The computation from Eqs. (7) and (8) for the air part in the scanning FOV could result in a big unexpected error because the divisor is close to zero. Hence, we directly set the electron density in air region to a small value of 1×10^{-4} .

4 Results and Discussion

In order to quantitatively evaluate the accuracy, we first used different cylinder phantoms including water, polyethylene, and alcohol. contrasts the measured and theoretical results. The theoretical values of effective atomic numbers and electron densities come from NIST standard reference database [20]. For water and polyethylene phantoms, the average value of measured electron density is fairly consistent with the theoretical ones (about 1% error). The electron density measured by synchrotron radiation is sufficiently precise for treatment planning in radiotherapy. An effective atomic number image was obtained as a byproduct

from DECT.

[Figure 2: see original paper] shows the electron density (a) and atomic number distribution images (b) of a breast tissue sample with pathological changes. The dark background is the air part in the tube. We can find a big difference between the two images. The image of electron density shows a striking contrast between normal and abnormal tissue, while they appear rather similar in the effective atomic number image. This information may provide different criteria for the discrimination of abnormal tissues from normal tissues. Since quantitative information about breast tissues is not currently available, we just calculated their average in different ROIs. After statistics, the average electron density in the ROI1 area is 1.11 g/cm^3 , and 1.02 g/cm^3 in the ROI2 area.

The precise measurement of electron densities is essential in treatment planning for hadron therapy. The most popular way is to convert the CT numbers to electron densities by establishing their relationship, despite that it is not accurate enough. The SSRF has great potential for quantitative medical diagnosis and provides an excellent platform for X-ray imaging research. We conducted a DECT experiment to evaluate the accuracy and clinical application of electron density measurement with synchrotron radiation. Different phantoms and samples were investigated. The electron density reconstruction results of phantoms agree with the theoretical ones with high precision after correction, thus satisfying the requirements for heavy-ion and proton radiotherapy. Currently, the beamlines in SSRF are only available for research, and the SSRF should be designed for medical applications in the future. DECT with synchrotron radiation has the potential to be an important tool in clinical practice. We will further study in this area, such as noise reduction methods, dose evaluation, and clinical application research.

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