

Effects of Glucocorticoids on the Expression of Genes Related to Lipid and Bile Acid Metabolism in Chick Embryo Hepatocytes (Postprint)

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Abstract

To elucidate the mechanism by which stress induces metabolic abnormalities in poultry liver, this study investigated the effects of the glucocorticoid dexamethasone (DEX) on the expression of genes related to lipid and bile acid metabolism in chicken embryo hepatocytes. SPF (specific pathogen-free) eggs at 19 days of embryonic age were selected, and chicken embryo hepatocytes were primary cultured (37 °C, 5% CO₂) and treated with 0 (control), 200, 500, or 1,000 nmol/L dexamethasone for 24 h. The results demonstrated that, compared with the control group, high-dose (500, 1,000 nmol/L) dexamethasone treatment significantly decreased the relative mRNA expression levels of lipid metabolism-related genes—fatty acid transport protein 1 (FATP-1), sterol regulatory element-binding protein-1C (SREBP-1C), apolipoprotein B100 (APOB100), liver X receptor (LXR)—and the bile acid uptake-related gene Na⁺/taurocholate cotransporting polypeptide (NTCP) ($P < 0.05$), while significantly increasing the relative mRNA expression level of the bile acid efflux-related gene bile salt export pump (BSEP) ($P < 0.05$). Low-dose (200 nmol/L) dexamethasone treatment significantly increased the relative mRNA expression levels of bile acid synthesis-related genes—cholesterol 7-hydroxylase (CYP7A1) and farnesoid X receptor (FXR) ($P < 0.05$), concurrently significantly decreasing the relative mRNA expression level of SREBP-1C ($P < 0.05$) and significantly increasing that of BSEP ($P < 0.05$). These findings indicate that high-dose glucocorticoid exerts inhibitory effects on lipid synthesis, transport, and bile acid uptake in chicken embryo hepatocytes, whereas low-dose glucocorticoid can promote bile acid synthesis and efflux, with some responses exhibiting dose-dependence.

Full Text

Effects of Glucocorticoids on Expression of Lipid and Bile Acid Metabolism-Related Genes in Chicken Embryo Hepatocytes

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Abstract

To elucidate the mechanisms underlying stress-induced metabolic abnormalities in avian liver, this study investigated the effects of the glucocorticoid dexamethasone (DEX) on the expression of genes related to lipid and bile acid metabolism in chicken embryo hepatocytes. Primary hepatocytes from 19-day-old specific pathogen-free (SPF) embryos were cultured at 37 °C with 5% CO₂ and treated with 0 (control), 200, 500, or 1,000 nmol/L dexamethasone for 24 hours. Compared with the control group, high-dose dexamethasone (500 and 1,000 nmol/L) significantly reduced the relative mRNA expression levels of lipid metabolism-related genes, including fatty acid transport protein 1 (FATP-1), sterol regulatory element-binding protein-1C (SREBP-1C), apolipoprotein B100 (APOB100), and liver X receptor (LXR) ($P < 0.05$), while also decreasing expression of the bile acid uptake gene Na⁺/taurocholate co-transporting polypeptide (NTCP) ($P < 0.05$) and increasing expression of the bile acid efflux gene bile salt export pump (BSEP) ($P < 0.05$). Low-dose dexamethasone (200 nmol/L) significantly elevated the relative mRNA expression levels of bile acid synthesis genes cholesterol 7-hydroxylase (CYP7A1) and farnesoid X receptor (FXR) ($P < 0.05$), concurrently reducing SREBP-1C expression ($P < 0.05$) and enhancing BSEP expression ($P < 0.05$). These findings indicate that high-dose glucocorticoids inhibit lipid synthesis, transport, and bile acid uptake in chicken embryo hepatocytes, whereas low-dose glucocorticoids promote bile acid synthesis and excretion, with some responses exhibiting dose-dependent patterns.

Keywords: glucocorticoids; chicken embryo hepatocytes; lipid metabolism; bile acid synthesis; gene expression

Stress induces abnormal energy metabolism in poultry, and elucidating the pathways through which glucocorticoids influence hepatic lipid and bile acid synthesis is crucial for understanding stress mechanisms and developing prevention strategies. Glucocorticoids participate in lipid metabolism, with elevated glucocorticoid levels observed in obese diabetic mouse models and insulin-resistant patients, correlating with fatty liver and hyperglycemia development. Both syn-

thetic and natural glucocorticoids potently regulate hepatic lipid metabolism; studies in mouse primary hepatocytes have shown that dexamethasone promotes protein-dependent fatty acid uptake and increases triacylglycerol and sphingolipid accumulation. Additionally, glucocorticoids are involved in bile acid metabolism—hepatic-specific glucocorticoid receptor knockout in mice reduces bile acid content in the gallbladder, and glucocorticoids regulate bile acid synthesis in rat hepatocytes by inducing cholesterol 7 α -hydroxylase (CYP7A1) activity. In broiler chickens, dexamethasone administration in drinking water suppresses the tricarboxylic acid cycle and fatty acid oxidation while promoting hepatic de novo fatty acid synthesis. Current research on stress regulation of avian liver metabolism has primarily relied on in vivo experiments, yielding results reflecting combined effects of glucocorticoids, insulin, and other factors. Therefore, in vitro studies are needed to investigate the direct effects of glucocorticoids. This study employed different concentrations of dexamethasone to treat chicken embryo hepatocytes and used reverse transcription PCR (RT-PCR) to quantify genes related to lipid and bile acid metabolism, thereby revealing the isolated effects of glucocorticoids and establishing a foundation for further investigation into stress-induced metabolic alterations in poultry.

1.1 Experimental Materials

Dexamethasone injection (5 mg/mL) was purchased from Shandong Lukang Chenxin Pharmaceutical Co., Ltd. RNA extraction kits were obtained from CW Biotech (CW0584), reverse transcription kits (cat. no. 4897030001) from Roche, and real-time PCR kits (cat. no. 4913914001) from Roche. Primer sequences for sterol regulatory element-binding protein-1C (SREBP-1C), liver X receptor (LXR), apolipoprotein B100 (APOB100), fatty acid transport protein 1 (FATP-1), CYP7A1, farnesoid X receptor (FXR), bile salt export pump (BSEP), and Na⁺/taurocholate co-transporting polypeptide (NTCP) are listed in and were synthesized by Shanghai Sangon Biotech. The 2 $\Delta\Delta$ CT method was used to quantify relative mRNA expression levels of target genes, normalized to β -actin as the reference gene.

1.2 Experimental Design

Primary chicken embryo hepatocytes were isolated from 19-day-old SPF eggs and seeded at 1×10^5 cells/mL in 6-well plates (one well per replicate). Cells were cultured under standard conditions (37 °C, 5% CO₂) with medium changes every 24 hours. After 72 hours of culture, cells were treated with 0 (control), 200, 500, or 1,000 nmol/L dexamethasone according to experimental groups. Following 24 hours of treatment, cell supernatants and hepatocytes were collected for RT-PCR analysis.

1.3 Gene Quantification

Reverse transcription was performed at 55 °C for 30 minutes, followed by inactivation at 85 °C for 5 minutes. Two-step quantitative PCR conditions were:

Step 1, denaturation at 95 °C for 10 seconds (1 cycle); Step 2, 40 cycles of 95 °C for 5 seconds and 60 °C for 34 seconds.

1.4 Statistical Analysis

Data were analyzed using one-way ANOVA with the GLM procedure in SAS 9.0 software. Means were compared using Tukey' s HSD test, with $P < 0.05$ considered statistically significant.

2.1 Effects of Dexamethasone on Relative mRNA Expression Levels of Lipid Metabolism-Related Genes in Chicken Embryo Hepatocytes

As shown in [Figure 1: see original paper]-A, C, and D, treatment with 500 and 1,000 nmol/L dexamethasone significantly reduced the relative mRNA expression levels of FATP-1, APOB100, and LXR compared with the control group ($P < 0.05$). [Figure 1: see original paper]-B demonstrates that dexamethasone at 200, 500, and 1,000 nmol/L all significantly decreased SREBP-1C mRNA expression ($P < 0.05$).

2.2 Effects of Dexamethasone on Relative mRNA Expression Levels of Bile Acid Metabolism-Related Genes in Chicken Embryo Hepatocytes

[Figure 2: see original paper]-A and B show that 200 nmol/L dexamethasone significantly increased the relative mRNA expression levels of CYP7A1 and FXR ($P < 0.05$). As depicted in [Figure 2: see original paper]-C, 500 and 1,000 nmol/L dexamethasone significantly reduced NTCP mRNA expression ($P < 0.05$). [Figure 2: see original paper]-D reveals that dexamethasone at 200, 500, and 1,000 nmol/L all significantly elevated BSEP mRNA expression ($P < 0.05$).

3.1 Glucocorticoids and Lipid Metabolism in Chicken Embryo Hepatocytes

In avian species, fatty acid synthesis follows the same pathways as in mammals, occurring primarily in the liver and regulated by multiple proteins. Glucocorticoids are closely associated with lipid metabolism; rats administered dexamethasone at 0.05 mg/kg daily for 7 weeks exhibited decreased hepatic fat content and reduced mRNA expression of lipid synthesis-related genes including fatty acid-binding protein-1 (FABP-1), peroxisome proliferator-activated receptor (PPAR), and glycerol-3-phosphate acyltransferase (GPAT), suggesting an inhibitory effect of dexamethasone on lipid synthesis. In the liver, fatty acids cross the plasma membrane via active transport mediated by the fatty acid transport protein (FATP) family, with FATP-1 facilitating long-chain fatty acid flux into and out of cells. Additionally, FATP-1 influences intracellular fatty acid metabolism and lipid accumulation by regulating fatty acid acylation. In this study, high-dose dexamethasone significantly reduced FATP-1 mRNA expression in chicken embryo hepatocytes, indicating that glucocorticoids suppress hepatocellular fatty acid synthesis.

LXR and SREBP-1C also play critical roles in lipid synthesis. LXR acts as a cholesterol sensor, regulating genes involved in cholesterol absorption, transport, efflux, and excretion, with overexpression markedly enhancing transcription of lipid synthesis-related enzymes. Studies in Landes geese have shown that increased LXR mRNA expression promotes hepatic fat deposition. In triglyceride synthesis, fatty acid synthase (FAS) and acetyl-CoA carboxylase (ACC) serve as rate-limiting enzymes whose expression is regulated by SREBP-1C. When intracellular cholesterol levels are high, LXRs activate SREBP-1C, which increases oleic acid synthesis; the resulting unsaturated fatty acids esterify excess cholesterol, promoting cholesterol storage. Conversely, reduced LXR activation inhibits SREBP-1C transcription, decreasing lipogenesis and triglyceride synthesis. In this study, high-dose dexamethasone significantly reduced mRNA expression of both LXR and SREBP-1C, further demonstrating the inhibitory effect of glucocorticoids on lipid synthesis.

APOB is a structural component of very low-density lipoprotein (VLDL) and serves as a scaffold protein for lipoprotein synthesis, secretion, and transport, significantly influencing energy transport and metabolism. VLDL delivers triglycerides from liver to peripheral tissues, and excessive hepatic APOB synthesis elevates plasma VLDL and low-density lipoprotein (LDL) levels, potentially causing atherosclerotic cardiovascular disease and hepatic lipid accumulation leading to fatty liver. Furthermore, the chicken APOB gene SNP (T123G) significantly affects abdominal fat and fat percentage. In this study, high-dose dexamethasone significantly downregulated APOB100 mRNA expression in hepatocytes, suggesting that glucocorticoids inhibit lipoprotein assembly and transport.

3.2 Glucocorticoids and Bile Acid Metabolism in Chicken Embryo Hepatocytes

Bile acids are synthesized from cholesterol in hepatocytes, with CYP7A1 acting as the rate-limiting enzyme. Research has demonstrated that glucocorticoids exert dose-dependent stimulatory effects on bile acid synthesis; treatment of rat hepatocytes with 50 nmol/L dexamethasone increased bile acid synthesis 3-fold and 7-fold on days 2 and 3, respectively, while 1 μmol/L dexamethasone elevated synthesis 2.2-fold after 2 days. Glucocorticoids regulate bile acid synthesis in rat hepatocytes by inducing CYP7A1 activity. Combined dexamethasone and thyroid hormone treatment significantly increased total bile acid synthesis in human and rat hepatocytes, raising cholic acid content by 23% and dihydroxycholic acid by 77% while enhancing CYP7A1 activity. In cultured hepatocytes, 27-hydroxylase mRNA is not normally expressed but appears after 72 hours of dexamethasone treatment, indicating that dexamethasone upregulates both CYP7A1 and sterol 27-hydroxylase activities to modulate bile acid synthesis. Consistent with these findings, low-dose dexamethasone in this study increased CYP7A1 mRNA expression, confirming that glucocorticoids promote bile acid synthesis.

NTCP, located on the basolateral membrane of hepatocytes, is the primary

transporter for bile acid uptake. Dexamethasone has been reported as a potent inducer of BSEP in rat liver, with rat hepatocytes cultured in 100 nmol/L dexamethasone for 4 days exhibiting strong BSEP functional activity, which aligns with our observation of dexamethasone-induced BSEP mRNA upregulation. Studies have shown that CYP7A1 is negatively regulated by FXR through feedback inhibition; in the liver, FXR activation suppresses CYP7A1 expression via downstream target gene SHP, reducing bile acid synthesis. Additionally, hepatic FXR activation by bile acids downregulates NTCP expression while upregulating the bile acid efflux transporter BSEP. In this study, 200 nmol/L dexamethasone increased CYP7A1 and FXR mRNA expression, whereas 500 and 1,000 nmol/L dexamethasone inhibited NTCP expression and enhanced BSEP expression, suggesting that low-level glucocorticoids promote bile acid synthesis and excretion while high-level glucocorticoids suppress bile acid uptake in chicken embryo hepatocytes.

4 Conclusion

High-dose glucocorticoids inhibit lipid synthesis, transport, and bile acid uptake in chicken embryo hepatocytes, whereas low-dose glucocorticoids promote bile acid synthesis and excretion, with some responses exhibiting dose-dependent patterns.

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