









































































































































































































































































Allergens Summary: BREAKFAST MENU













































































Reviewed by Wiola on 25-02-2024







































<p>  Contains  May Contain  Removable </p> <p>Menu Dishes</p>	NO ALLERGENS	CELERY & CELERIAC	CEREALS CONTAINING GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE (SULPHITES)	TREE NUTS
															
Breakfast Menu															
All Day Energiser (kcal 660)			Oats  Rye  Spelt  Wheat 												Almonds  Brazil nuts  Cashews  Hazelnuts  Macadamia nuts  Pecans  Pistachios  Queensland nuts  Walnut 
BLT Bloomer Sandwich (kcal 2606)			Oats  Rye  Spelt  Wheat 												Almonds  Brazil nuts  Cashews  Hazelnuts  Macadamia nuts  Pecans  Pistachios  Queensland nuts  Walnut 





























































<p>  Contains  May Contain  Removable </p> <p>Menu Dishes</p>	NO ALLERGENS	CELERY & CELERIAC	CEREALS CONTAINING GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE (SULPHITES)	TREE NUTS
															
Breakfast Menu															
Cheddar Cheese and Mushroom Omelette (kcal 839)			Barley  Kamut  Oats  Rye  Spelt  Wheat 												Almonds  Brazil nuts  Cashews  Hazelnuts  Macadamia nuts  Pecans  Pistachios  Queensland nuts  Walnut 
Cheddar Cheese and Spinach Omelette (kcal 832)			Barley  Kamut  Oats  Rye  Spelt  Wheat 												Almonds  Brazil nuts  Cashews  Hazelnuts  Macadamia nuts  Pecans  Pistachios  Queensland nuts  Walnut 
Cheddar Cheese and Tomato Omelette (kcal 881)			Barley  Kamut  Oats  Rye  Spelt  Wheat 												Almonds  Brazil nuts  Cashews  Hazelnuts  Macadamia nuts  Pecans  Pistachios  Queensland nuts  Walnut 














































































<p>  Contains  May Contain  Removable </p> <p>Menu Dishes</p>	NO ALLERGENS	CELERY & CELERIAC	CEREALS CONTAINING GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE (SULPHITES)	TREE NUTS
															
Breakfast Menu															
<p>Cheddar Cheese Omelette (kcal 866)</p>		<p></p>	<p> Oats  Rye  Spelt  Wheat  </p>		<p></p>		<p></p>	<p></p>			<p></p>				<p> Almonds  Brazil nuts  Cashews  Hazelnuts  Macadamia nuts  Pecans  Pistachios  Queensland nuts  Walnut  </p>
<p>Chicken Avocado Sandwich (kcal 1425)</p>			<p> Oats  Rye  Spelt  Wheat  </p>		<p></p>		<p></p>	<p></p>		<p></p>	<p></p>		<p></p>	<p></p>	<p> Almonds  Brazil nuts  Cashews  Hazelnuts  Macadamia nuts  Pecans  Pistachios  Queensland nuts  Walnut  </p>
<p>Chicken Eskalope Focaccia (kcal 1288)</p>		<p></p>	<p> Oats  Rye  Spelt  Wheat  </p>		<p></p>		<p></p>	<p></p>		<p></p>	<p></p>			<p></p>	<p> Almonds  Brazil nuts  Cashews  Hazelnuts  Macadamia nuts  Pecans  Pistachios  Queensland nuts  Walnut  </p>






















































<p>  Contains  May Contain  Removable </p> <p>Menu Dishes</p>	NO ALLERGENS	CELERY & CELERIAC	CEREALS CONTAINING GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE (SULPHITES)	TREE NUTS
															
Breakfast Menu															
Croque Madam (kcal 1000)		✓	Oats  Rye  Spelt  Wheat 		✓		✓	✓					✓		Almonds  Brazil nuts  Cashews  Hazelnuts  Macadamia nuts  Pecans  Pistachios  Queensland nuts  Walnut 
Croque Monsieur (kcal 987)		✓	Oats  Rye  Spelt  Wheat 		✓		✓	✓					✓		Almonds  Brazil nuts  Cashews  Hazelnuts  Macadamia nuts  Pecans  Pistachios  Queensland nuts  Walnut 
Eggs Benedict with Bacon (kcal 835)			Oats  Rye  Spelt  Wheat 		✓		✓	✓							Almonds  Brazil nuts  Cashews  Hazelnuts  Macadamia nuts  Pecans  Pistachios  Queensland nuts  Walnut 



























































<p>  Contains  May Contain  Removable </p> <p>Menu Dishes</p>	NO ALLERGENS	CELERY & CELERIAC	CEREALS CONTAINING GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE (SULPHITES)	TREE NUTS	
																
Breakfast Menu																
Eggs Benedict with Crushed Avocado (kcal 505)			Oats  Rye  Spelt  Wheat 													Almonds  Brazil nuts  Cashews  Hazelnuts  Macadamia nuts  Pecans  Pistachios  Queensland nuts  Walnut 
Eggs Benedict with Smoked Salmon (kcal 566)			Oats  Rye  Spelt  Wheat 	Crab  Crayfish  Lobster  Prawns 					Clams  Cuttlefish  Mussels  Octopus  Oysters  Scallops  Snails  Squid  Whelks 							Almonds  Brazil nuts  Cashews  Hazelnuts  Macadamia nuts  Pecans  Pistachios  Queensland nuts  Walnut 
Eggs Florentine (kcal 517)			Barley  Kamut  Oats  Rye  Spelt  Wheat 	Crab  Crayfish  Lobster  Prawns 					Clams  Cuttlefish  Mussels  Octopus  Oysters  Scallops  Snails  Squid  Whelks 							Almonds  Brazil nuts  Cashews  Hazelnuts  Macadamia nuts  Pecans  Pistachios  Queensland nuts  Walnut 















<p>  Contains  May Contain  Removable </p> <p>Menu Dishes</p>	NO ALLERGENS	CELERY & CELERIAC	CEREALS CONTAINING GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE (SULPHITES)	TREE NUTS
															
Breakfast Menu															
<p>French Toast with Golden Syrup</p>			<p>Oats </p> <p>Rye </p> <p>Spelt </p> <p>Wheat </p>		<p></p>		<p></p>	<p></p>			<p></p>		<p></p>		<p>Almonds </p> <p>Brazil nuts </p> <p>Cashews </p> <p>Hazelnuts </p> <p>Macadamia nuts </p> <p>Pecans </p> <p>Pistachios </p> <p>Queensland nuts </p> <p>Walnut </p>
<p>Full English Breakfast (kcal 1216)</p>			<p>Barley </p> <p>Kamut </p> <p>Oats </p> <p>Rye </p> <p>Spelt </p> <p>Wheat </p>		<p></p>		<p></p>	<p></p>		<p></p>	<p></p>		<p></p>		<p>Almonds </p> <p>Brazil nuts </p> <p>Cashews </p> <p>Hazelnuts </p> <p>Macadamia nuts </p> <p>Pecans </p> <p>Pistachios </p> <p>Queensland nuts </p> <p>Walnut </p>
<p>Garden Breakfast (kcal 1060)</p>			<p>Oats </p> <p>Rye </p> <p>Spelt </p> <p>Wheat </p>		<p></p>			<p></p>			<p></p>	<p></p>	<p></p>		<p>Almonds </p> <p>Brazil nuts </p> <p>Cashews </p> <p>Hazelnuts </p> <p>Macadamia nuts </p> <p>Pecans </p> <p>Pistachios </p> <p>Queensland nuts </p> <p>Walnut </p>







<p>  Contains  May Contain  Removable </p> <p>Menu Dishes</p>	NO ALLERGENS	CELERY & CELERIAC	CEREALS CONTAINING GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE (SULPHITES)	TREE NUTS
															
Breakfast Menu															
Goats Cheese Focaccia (kcal 1149)		✓	Oats  Rye  Spelt  Wheat 		✓		✓	✓		✓			✓	✓	Almonds  Brazil nuts  Cashews  Hazelnuts  Macadamia nuts  Pecans  Pistachios  Queensland nuts  Walnut 
Grilled Chicken with Truffle Mayo Focaccia (kcal 1481)		✓	Oats  Rye  Spelt  Wheat 		✓		✓	✓		✓			✓	✓	Almonds  Brazil nuts  Cashews  Hazelnuts  Macadamia nuts  Pecans  Pistachios  Queensland nuts  Walnut 
Grilled Halloumi Focaccia (kcal 1766)		✓	Oats  Rye  Spelt  Wheat 		✓			✓		✓			✓	✓	Almonds  Brazil nuts  Cashews  Hazelnuts  Macadamia nuts  Pecans  Pistachios  Queensland nuts  Walnut 



























<p>  Contains  May Contain  Removable </p> <p>Menu Dishes</p>	NO ALLERGENS	CELERY & CELERIAC	CEREALS CONTAINING GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE (SULPHITES)	TREE NUTS
															
Breakfast Menu															
<p>Ham and Cheese Ciabatta (kcal 1152)</p>		<p></p>	<p>Oats  Rye  Spelt  Wheat </p>		<p></p>		<p></p>	<p></p>		<p></p>	<p></p>			<p></p>	<p>Almonds  Brazil nuts  Cashews  Hazelnuts  Macadamia nuts  Pecans  Pistachios  Queensland nuts  Walnut </p>
<p>Ham and Cheese Omelette (kcal 953)</p>		<p></p>	<p>Barley  Kamut  Oats  Rye  Spelt  Wheat </p>		<p></p>		<p></p>	<p></p>			<p></p>		<p></p>		<p>Almonds  Brazil nuts  Cashews  Hazelnuts  Macadamia nuts  Pecans  Pistachios  Queensland nuts  Walnut </p>
<p>Mozzarella and Tomato Ciabatta (kcal 966)</p>		<p></p>	<p>Oats  Rye  Spelt  Wheat </p>				<p></p>	<p></p>		<p></p>	<p></p>			<p></p>	<p>Almonds  Brazil nuts  Cashews  Hazelnuts  Macadamia nuts  Pecans  Pistachios  Queensland nuts  Walnut </p>

<p>  Contains  May Contain  Removable </p> <p>Menu Dishes</p>	NO ALLERGENS	CELERY & CELERIAC	CEREALS CONTAINING GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE (SULPHITES)	TREE NUTS
<p>Breakfast Menu</p>															
<p>Mushroom, Spinach and Cheddar Cheese Omelette (kcal 900)</p>			<p> Barley  Kamut  Oats  Rye  Spelt  Wheat  </p>												<p> Almonds  Brazil nuts  Cashews  Hazelnuts  Macadamia nuts  Pecans  Pistachios  Queensland nuts  Walnut  </p>
<p>Original Egg and Bacon Toasted Bloomer (kcal 2180)</p>			<p> Oats  Rye  Spelt  Wheat  </p>												<p> Almonds  Brazil nuts  Cashews  Hazelnuts  Macadamia nuts  Pecans  Pistachios  Queensland nuts  Walnut  </p>
<p>Original Egg and Mayo Cheese (kcal 1807)</p>			<p> Oats  Rye  Spelt  Wheat  </p>												<p> Almonds  Brazil nuts  Cashews  Hazelnuts  Macadamia nuts  Pecans  Pistachios  Queensland nuts  Walnut  </p>

<p>  Contains  May Contain  Removable </p> <p>Menu Dishes</p>	NO ALLERGENS	CELERY & CELERIAC	CEREALS CONTAINING GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE (SULPHITES)	TREE NUTS
															
Breakfast Menu															
Parma Ham and Mozzarella Ciabatta (kcal 1086)			Oats  Rye  Spelt  Wheat 												Almonds  Brazil nuts  Cashews  Hazelnuts  Macadamia nuts  Pecans  Pistachios  Queensland nuts  Walnut 
Plain Omelette (kcal 655)			Oats  Rye  Spelt  Wheat 												Almonds  Brazil nuts  Cashews  Hazelnuts  Macadamia nuts  Pecans  Pistachios  Queensland nuts  Walnut 
Salmon and Avocado Tartines (kcal 376)			Oats  Rye  Spelt  Wheat 												Almonds  Brazil nuts  Cashews  Hazelnuts  Macadamia nuts  Pecans  Pistachios  Queensland nuts  Walnut 

<p> ✓ Contains M May Contain R Removable </p> <p>Menu Dishes</p>	NO ALLERGENS	CELERY & CELERIAC	CEREALS CONTAINING GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE (SULPHITES)	TREE NUTS
															
Breakfast Menu															
Salt Beef Eggs Benedict			Oats M Rye M Spelt M Wheat ✓		✓		✓	✓		✓	M	M	M		Almonds M Brazil nuts M Cashews M Hazelnuts M Macadamia nuts M Pecans M Pistachios M Queensland nuts M Walnut M
Salt Beef Focaccia (kcal 1100)		✓	Oats M Rye M Spelt M Wheat ✓		✓		✓	✓		✓	M	M	✓	✓	Almonds M Brazil nuts M Cashews M Hazelnuts M Macadamia nuts M Pecans M Pistachios M Queensland nuts M Walnut M
Salted Beef Breakfast ()			Oats ✓ Rye M Spelt M Wheat ✓		✓		✓	✓		✓	M		✓		Almonds M Brazil nuts M Cashews M Hazelnuts M Macadamia nuts M Pecans M Pistachios M Queensland nuts M Walnut M

<p>  Contains  May Contain  Removable </p> <p>Menu Dishes</p>	NO ALLERGENS	CELERY & CELERIAC	CEREALS CONTAINING GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE (SULPHITES)	TREE NUTS
															
Breakfast Menu															
Scrambled eggs on toast (kcal 553)			Oats  Rye  Spelt  Wheat 												Almonds  Brazil nuts  Cashews  Hazelnuts  Macadamia nuts  Pecans  Pistachios  Queensland nuts  Walnut 
Scrambled Eggs wit bacon (kcal 966)			Oats  Rye  Spelt  Wheat 												Almonds  Brazil nuts  Cashews  Hazelnuts  Macadamia nuts  Pecans  Pistachios  Queensland nuts  Walnut 
Scrambled eggs with smoked salmon (kcal 480)			Oats  Rye  Spelt  Wheat 	Crab  Crayfish  Lobster  Prawns 					Clams  Cuttlefish  Mussels  Octopus  Oysters  Scallops  Snails  Squid  Whelks 						Almonds  Brazil nuts  Cashews  Hazelnuts  Macadamia nuts  Pecans  Pistachios  Queensland nuts  Walnut 

<p>  Contains  May Contain  Removable </p> <p>Menu Dishes</p>	NO ALLERGENS	CELERY & CELERIAC	CEREALS CONTAINING GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE (SULPHITES)	TREE NUTS
															
Breakfast Menu															
Smoked Salmon Ciabatta (kcal 940)		✓	Oats  Rye  Spelt  Wheat 	Crab  Crayfish  Lobster  Prawns 	✓	✓	✓	✓	Clams  Cuttlefish  Mussels  Octopus  Oysters  Scallops  Snails  Squid  Whelks 			✓	✓	✓	Almonds  Brazil nuts  Cashews  Hazelnuts  Macadamia nuts  Pecans  Pistachios  Queensland nuts  Walnut 
The Full Vegan Breakfast (kcal 813)			Oats  Rye  Spelt  Wheat 				✓								Almonds  Brazil nuts  Cashews  Hazelnuts  Macadamia nuts  Pecans  Pistachios  Queensland nuts  Walnut 
Vegan Tartines (kcal 523)			Oats  Rye  Spelt  Wheat 				✓					✓			Almonds  Brazil nuts  Cashews  Hazelnuts  Macadamia nuts  Pecans  Pistachios  Queensland nuts  Walnut 